

Other Useful Information

Dental Appointments

You may have routine dental care while pregnant. You may receive local anesthesia, some narcotics & antibiotics prescribed by your Dentist. Limited x-rays can be performed with appropriate shielding of the abdomen, however should be avoided unless they are absolutely necessary. At times your Dentist will require a note from your obstetrician. This can be obtained by contacting our office at (904)346-0050 Option: 3 to speak with one of our nurses. We do ask that you request this 48hrs prior to your appointment date/time.

Work or School Notes

We do provide work or school notes for missed time due to appointments. We do ask that you please request this at the time of your appointment.

Vaccines

During pregnancy you may receive the following vaccinations:

Seasonal Flu Vaccine

No Nasal Spray (Strongly recommended by the CDC as well as your physicians)

Visit http://www.cdc.gov/flu/protect/vaccine/qa_vacpregnant.htm

PPD (also known TB or Tine Test)

Visit <http://www.cdc.gov/tb/topic/populations/pregnancy/default.htm>

Tdap (also known as Tetanus-diphtheria-acellular Pertussis vaccine)

Visit <http://www.cdc.gov/vaccines/hcp/vis/vis-statements/tdap.html>

Test Results

It is our policy that test results are not given out over the phone. Your test results will be discussed with you at each appointment. The expectation to this would be if anything were to come back abnormal. At that time you would receive a phone call from one of our nurses.

Travel

Travel of any type is not recommended after 32 weeks. Earlier if deemed necessary by your physician. Prior to that, if you need to travel you may contact our office with any questions or concerns you may have or discuss it with your physician at the time of your appointment.

Prenatal Massage

It is recommended massaging be done by a licensed Prenatal Massage Therapist.

Hurricane Season

You should follow the recommendations of the local Emergency Preparedness & the American Red Cross if the First Coast is threatened by a storm. Please do not proceed to the Emergency Department or Labor & Delivery.

Pre-register at Baptist Labor & Delivery after 26 weeks on 1st floor Pavilion, adjacent to elevators – open 24 hrs a day.

Visit <http://www.baptistjax.com/patient-info/classes-and-events>

Alternatively, call 202-1048 to schedule a tour of Labor and Delivery and register when you are there.

Insurance

Through Florida KidCare, the State of Florida offers health insurance for children from birth through age 18 even if both parents are working.

Call Florida Kid Care at 1-888-540-5437 toll free. Visit www.floridakidcare.org

FMLA & Short Term Disability Requests

During the course of your pregnancy you may find it necessary to file for Short Term Disability assistance or Family and Medical Leave Act benefits (FMLA). The FABEN documentation department can assist you with this. We are required to fill out documentation and provide medical statements to support your claims in these areas. Please note we have a \$30 fee for processing these requests and they will normally be completed within 7-10 days **after receipt of payment.**

Completion of your paperwork by our office provides NO GUARANTEE your application will be approved by your insurance company or employer.

Depending on your type of FMLA/Short Term Disability cover, and the rules therein, you may not receive any compensation even when you do submit the paperwork submitted by our office, furthermore, your employment may be jeopardized, if you are off work without due consideration of the requirements of your employer.

Each form requires us to carefully review your medical record to ensure the information we divulge is correct and accurate. We can only document your application with information that is found in the legal document that is your medical record. Furthermore, your Doctor is obliged to review each document to ensure it is complete and accurate prior to authenticating it with her signature.

Medical Records

Should you require medical records for any insurance claims or other reasons, these will be furnished upon request. There is a fee for producing these records.